## GENERALITY

## OF PARENT TRAINING SKILLS OCCUR IF...

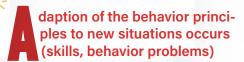


mpowering the parent(s) is the focus\*

eeded skills and communication are incorporated in family social interactions

egular breaks are taken to provide relaxation time for the parent(s)

veryday successes are identified and reinforced



earning occurs in natural environments representative of their daily routines



ncorporates their values as a navigational tool in day to day living\*\*



early treatment outcomes for both child and parent goals are interactively discussed

alks from a problemsolving perspective are encouraged

When parents see generalization as "an active process" of teaching, they immediately move from "train and hope" to delivering ABA treatment compassionately, interactively, and bringing about generalized behavior change that is meaningful to the child, parents, and family life as a whole.

- \*A win/win relationship starts with understanding the perspective of the parent then presenting what is needed to understand. By cultivating this type of interactive interdependence, parents are empowered and can be effective with what is being taught (Covey, 1989/2004).
- \*\*Mindful parenting needs to be navigated by the parent's values and remaining in the present moment allowing an increased probability that more positive interactions will occur between the parent and child/adolescent (Greco and Hayes, 2008).